

IRON SIRENS COMIC BOOKS



The Iron Sirens at the Mid-Ohio-Con: (from left) Sonia Gonzalez, Adela Garcia, Jenn Gates and Jenny Lynn

Garcia and two-time Figure Olympia champion **Jenny Lynn**, and the villains are newly crowned Figure Olympia champion **Jenn Gates** and 2008 sixth-place Figure Olympia competitor **Sonia Gonzalez** (who had been competing under her married name of Adcock). They were all looking forward to having some fun just one week after Olympia Weekend with no worries about dieting. They concerned themselves instead with taking on clone troopers, chatting up a ghostbuster, being grabbed by Doctor Octopus' mechanical arms and posing with convention-goers dressed as their favorite comic book characters.

Lou Ferrigno was also in Columbus. He may draw even bigger crowds at comic conventions than he does at fitness expos. We were also treated to a visit from afterparty promoter **Jason Dhir**. The biggest thrill for me personally



Afterparty promoter extraordinaire Jason Dhir dropped by to visit.

TALENT ROUNDUP

PHOTOREPORT BY J.M. MANION

2008 NPC National Fitness Championships



1-Nita Marquez Class A and overall winner **2-Rose Hendricks** Class A second place **3-Jessica Clay** Class B winner **4-Safiya Johnson** Class B second place **5-Jo Marriner** Class C winner **6-Amanda Marinelli** Class C second place
DATE: September 5-6, 2008 **PROMOTERS:** Steve Weinberger and Steve Karel
LOCATION: New York, New York



That's me, sitting in the original Batmobile. Yes, I am wearing a matching T-shirt.

was getting my photo taken while sitting in the original 1966 Batmobile! The car was parked across from Ferrigno's booth and he was laughing at me, saying I looked like a 10-year-old with an ear-to-ear grin. Seriously, it is one cool car!

Two weeks later, I was in Baltimore for the NPC Maryland State Championships. In the Hard Times section of the January issue, you may have seen photos of **Phil Heath** and **Victor Martinez** guest posing together at this contest. The other guest poser was IFBB pro **Tracey Greenwood**. Also in attendance were IFBB pros **Lisa Aukland**, **Teresa Anthony** and **Lydia Haskell**.



Teresa Anthony was preparing for the IFBB Kentucky Pro Figure.

Besides Heath and Martinez, the most recognizable industry celeb was **Kevin Levrone**. This was the contest that launched him before he hit the NPC